

# Vaccination at the Pharmacy

Your workplace has chosen to offer you a flu vaccination at any Apovac pharmacy of your choice\*.

At the pharmacy, you will need to provide the **company name, agreement number**, and show **your yellow health card**. If your workplace requires any additional documentation, it will be listed in the box below.

Company name/department:	
Agreement Number:	
Vaccination Period:	
Additional documentation	

You can find the locations of pharmacies offering vaccinations and their operating hours on Apovac's website [www.apovac.dk](http://www.apovac.dk).

Please note that hours may vary by location.

\*Vaccinations at the pharmacy are administered under the delegation of Medicals ApS..

## The Process

It's quick and easy. Simply visit any Apovac pharmacy during the designated period, present your yellow health card, and provide the necessary details.

You will then be vaccinated by one of our certified vaccinators. After the vaccination, it is recommended that you stay for 15 minutes for observation. After this brief period, you can continue with your day as usual.

## Why Get Vaccinated Against Influenza?

Influenza is a common and highly contagious viral illness that affects many people every autumn and winter. Each year, 5-15% of the population contracts the flu, and during an epidemic, up to 20% of the population may become ill.

For most people, influenza causes symptoms such as fever, muscle aches, headaches, fatigue, coughing, and a sore throat.

Getting vaccinated is one of the most reliable ways to reduce the risk of catching the flu.

The flu vaccine has very few side effects. The most common reactions are temporary swelling and soreness at the injection site, mild fever, or a headache.

These side effects usually resolve within 1-2 days.

For additional information on vaccinations, potential side effects, privacy policies, and more, please visit [www.apovac.dk](http://www.apovac.dk).

We look forward to helping you stay healthy and support each other during the flu season.